



sage®

Senior Advocates
for Generational Equity

Volunteering from Home

Great Ways to Support Nonprofits

Use your skills, experience, and interests to support nonprofits through writing, outreach, technology, tutoring, research, hosting gatherings, and hands-on projects.



Questions? Ideas?

We'd love to hear from you.

*Join an upcoming SAGE
Welcome gathering or contact
us to share more ideas and
opportunities. Scan the QR
code or contact us by phone
or email.*



Creative, Communications, Outreach

- Help create invitations, articles, blog posts
- Manage social media posts and share information about events and advocacy efforts
- Design flyers, graphics, or other outreach materials
- Make phone calls or send emails
- Contact community leaders or elected officials
- Create special greeting cards and thank-you notes

Research, Strategy, Admin

- Research grant opportunities
- Analyze trends, data, or community needs
- Review program results and provide strategic input
- Organize materials for events and fundraisers
- Enter data or help with websites and databases

Mentoring, Hosting, Making

- Help others with reading, writing, math, languages, music, or technology
- Mentor students, job seekers, or community members
- Host volunteer meetings and provide space for community conversations or events
- Knit or sew clothing or blankets for people in need