

SAGE Leaders Action Board (LAB) – Program Summary

LAB Leaders serve for 12-month, renewable terms. Over this period, Leaders attend about 10 monthly sessions. Eight sessions focus on making connections and leadership development and involve LAB Leaders. Two sessions are public events that the LAB plans and that are known as Service Across Generations events. The LAB does not meet in August or December.

Below is an illustration of a LAB program cycle. Each session connects to the next; however, Leaders can join at any point in the twelve-month cycle. Meetings will generally take place for 90 minutes on weeknights in cafes, restaurants, or offices. Events will generally take place for 2 to 4 hours and will be scheduled based on the recommendations of the host. The program cycle is flexible, and the leadership development topics are selected based on the interests of the group.

LAB Program Overview

- **Term Length:** 12 months (renewable)
- **Sessions:** 10 total (8 internal, 2 public events)
- **Breaks:** No meetings in August or December
- **Meeting Format:** 2-hour weeknight sessions in informal settings; events last 2–4 hours

Program Highlights

- **Focus:** Leadership development, intergenerational service, networking
- **Flexibility:** Leaders may join anytime; leadership topics adapt to group interests

Session Breakdown (this is a draft; actual sessions will be updated during the year)

Month	Session Focus
Jan	Kickoff: team building, leadership goals
Feb	Leadership development + planning event 1
Mar	Finalize plans for event 1: logistics, outreach, volunteers
Apr	Event 1
May	Reflection + leadership development
Jun	Leadership development + planning for event 2
Jul	Leadership development + continued planning for event 2
Sep	Finalize plans for event 2: logistics, outreach, volunteers
Oct	Event 2 + party
Nov	Final reflections + planning for next year