

## SAGE Leaders Action Board – Frequently Asked Questions

SAGE is a nonprofit that inspires people over fifty to give forward with their time, money, and voice so that younger and future generations can thrive. SAGE's Leaders Action Board (LAB) is a program for early or mid-career leaders who are seeking growth opportunities in education, career, and civic service. LAB Leaders serve as an intergenerational bridge to advance solutions to challenges facing our shared future. They connect with new communities through SAGE's linkages to diverse groups and partners and they demonstrate leadership and networking with others.

LAB Leaders attend nine meetings and participate in two to three *Service Across Generations* events. Read on to learn more.

If you are ready to apply, [click here for our application](#).

### What does the LAB do?

LAB Leaders work as a group and across generations to build a brighter future. While serving on the LAB, Leaders focus on two related efforts.

- First, they learn and practice leadership skills and work as a group to plan two to three hands-on volunteer events each year in Northwestern Oregon. These events can take place anywhere in the community such as at schools, food banks, and outdoors. LAB Leaders work with SAGE advisors to choose which service projects to plan and organize. During these events, people of different generations engage in a 2 to 4-hour volunteer project offered with a SAGE partner. At each event, LAB Leaders welcome guests of different generations, share food and opportunities to socialize, and serve together. These events offer fun and enriching opportunities for people of different generations to learn about a cause and to get to know each other. These events can take place in Clackamas, Multnomah, and Washington Counties. They might also take place in other regions of Oregon.
- Second, LAB Leaders identify personal leadership goals and participate in relevant training and experiences offered by SAGE, our partners, and the community. Each year, LAB Leaders identify areas where they would like to learn more on their own or as a group on topics that relate to social causes and nonprofit leadership such as partnership-building, board service, nonprofit management, volunteer engagement, and much more.

### How will I benefit as a LAB Leader?

You receive an opportunity to engage others in meaningful roles that strengthen our community, and a path to action on causes that are important to you. As a LAB Leader, you also receive:

- **Leadership Training:** SAGE offers leadership training by engaging you in decision-making processes and developing your leadership skills.
- **Activism:** SAGE can help you clarify and affirm some of the ways that you can address the causes that are important to you.

- **Mentorship:** SAGE can also help you connect with new communities and groups. A member of SAGE's community may also be able to mentor a LAB Leader, offering real life experience in activism and soft skill development.

### **What is my commitment?**

- Serve about 2-4 hours a month. The time range depends on your availability, interests, and your role on the LAB. Activities include attending meetings, planning, and participating in events, attending other SAGE events, and working on personal goals.
- Participate fully and constructively and encourage others too. Serve as a champion for SAGE and the LAB and foster a positive working relationship.
- Plan to serve for 12 months, renewable terms. We realize life can be unpredictable and we will work with you if you have time constraints.
- LAB Leaders complete a background check prior to service on the LAB.

Questions? Email [hello@WeAreSage.org](mailto:hello@WeAreSage.org) or call 971-717-6570.