



sage[®]
Senior Advocates
for Generational Equity

The SAGE Legacy Fellowship Sessions & Meeting Dates for 2019-2020 Program

The Legacy Fellowship includes a one-day retreat, five monthly sessions and a closing dinner.

During the fellowship, you will develop your action plan and share your progress. You will learn from your coaches and work in small groups to complete short exercises and help others overcome obstacles. Below is a summary of the curriculum. The retreat is all day and the monthly sessions are each 2.5 hours. All events are scheduled based on fellows' availability. After graduation, fellows are offered personalized, one-to-one support for an additional six months.

Retreat (Fall of 2019; flexible start date based on availability of fellows)

Launch your project inspired by strategy and guided by heart

SAGE welcomes you to the fellowship and sets you up for success. Get to know the other fellows, make partnership agreements, and learn reflective practices that can support you during the program, including mastering leadership competencies and navigating major challenges and opportunities. You will also have focused time to share your project's purpose and strategies, and to gain advice to accelerate your progress. Conclude by learning a daily exercise to experience greater well-being and vitality while leading your project.

Session 1 (December)

The story within you. Reflect on your personal experience, skills and highest goal to shape a personal message or story that inspires others to engage in and support your project. Assess your own persuasion style, and how you can craft your message based on your strengths and your audience. Learn new practices to develop your project – making little bets and big decisions and involving the communities most affected by your project.

Session 2 (January)

Knock our socks off with your compelling message. Present a more developed version of your project to a community of peers and advisors. Gain constructive feedback on your goals, strategies, success measures and presentation approach. Listen to the presentations of other fellows and help them develop their projects and build their community of supporters. You and other fellows will be challenged to test your approach and to envision how your project will generate concrete results.

Session 3 (February)

Set yourself on fire and build your capacity. Clarify and affirm the practices that strengthen your confidence and motivate you to lead your project, even when the going gets tough. Learn

a framework to help you identify and engage others more deeply in your project by building greater trust and strong workflow practices with your other team members.

Session 4 (March)

Hold your vision and move others to action. Clarify and affirm near-term steps you can take to achieve a major project milestone. Focus on strategies to influence others involved in your project by aligning interests, building trust and shared accountability.

Session 5 (April)

Lifelong leadership and lifting up others to lead. Share your project successes and lessons learned that will continue to guide you to lead your project and to influence others. Reaffirm strategies to promote your own personal well-being and vitality so you can remain energized to give forward throughout your life. Lastly, you are invited to receive SAGE's personalized, one-to-one support for an additional six months.

Graduation ceremony and closing dinner

(May 2020; flexible date depending on fellows' availability)

Celebrate your project successes with our community of peers, business partners, friends, family and other volunteers. Generate energy and momentum for your important work and make declarations for the future.